

2011 SMAC Adventure Race - Mandatory Gear List

Mandatory Gear List

The following list is current as of 7/10/2011 This list represents all the gear that racers and teams will need to carry with them through the various stages of the SMAC10-hour Sprint Race.

NOTE UPDATES ARE SHOWN IN Red

TEAM EQUIPMENT (gear to be carried by one member of each team for the ENTIRE event)

- Over 4oz Deet over 25 percent by volume is recommended or equivalent
- ~~Red ball point pen (thin tip waterproof marker is recommended)~~
- ~~Black ball point pen (thin tip waterproof marker is recommended)~~
- ~~Pencil (mechanical preferred)~~
- Waterproof map case (we are recommending that both members have a map case as we will be providing both teammates with maps for most stages)
- Team cell phone (redundantly sealed in watertight bag—number must match the one provided in the application)
- Maps and race course supporting information (provided at sign up)
- Waterproof first aid kit. Contents to include the following as a minimum:

Electrolyte replacement salts, 24 tablets or equivalent (Hammer Nutrition Endurolytes or equivalent) premixed replacement drinks will not be recognized (Gatorade, Poweraid, etc.)

(1) Closure bandage (butterfly)

(1) Roll adhesive tape

(10) Adhesive strips (Band-Aids)

(1) Moleskin, 6in square inches or 15inx2in duct tape

(1) 2inx5in gauze roll

(1) Antibacterial ointment or cream

Scissors

(1) 2in elastic ace bandage

(10) Anti-inflammatory tablets (Ibuprofen, etc.)

4oz Sunscreen (15 SPF min.)

Lip balm

INDIVIDUAL MANDATORY EQUIPMENT (gear to be carried by each member of the team for the ENTIRE event)

- Backpack or fanny pack
- \$5.00 Cash
- Hydration system 70 oz. min.
- Knife with fixed or folding blade
- Whistle
- Compass
- Eye protection
- Ear Plugs

INDIVIDUAL MANDATORY EQUIPMENT (gear to be carried by each member of the team for the applicable stage)

Mountain Bike Stage:

- Mountain Bike
- Bike helmet
- Flashing rear mounted light (must be on during bike stage)
- Spare inner tube (1 per person)

- Multi tool (1 per team)
- Tire pump or pressurized inflator (1 per team)
- Bike locking system – Optional Item Competitors could be required to leave bikes unattended, SMAC will not be responsible for missing equipment. (locking system should be large enough to secure bikes to a large tree)

Canoe Stage:

- PFD ([coast guard type 1, 2 or 3](#)) With sufficient buoyancy to keep head out of water
- One Canoe per team
- Canoe or kayak paddle (Note personal paddles must be transported by teams between transition areas)
- One tethered bilge pump or bailer
- Canoe / Bike locking system – Optional Item Competitors could be required to leave these items unattended, SMAC will not be responsible for missing equipment. (locking system should be large enough to secure canoe to a large tree)
- Heavner Canoe Livery will be providing rentals with pickup and delivery service to the race site. Visit heavnercanoe.com or call (248) 685-2379 to reserve your equipment. Note gear for the canoe stage is the racer's responsibility. DO NOT RESPOND TO SMAC ABOUT CANOE RENTAL. If you have any questions please contact Alan Heavner directly.

Fixed Ropes Stage:

- Helmet (bike helmet is acceptable)
- Leather Gloves (full fingered)
- **Climbing Equipment (use ours or provide your own—see note)
- PFD ([coast guard type 1, 2 or 3](#)) With sufficient buoyancy to keep head out of water

** **INDIVIDUAL** Optional Equipment for Tyrolean Traverses or Zip Line

SMAC will be providing the gear for the fixed ropes sections, but individuals can have the option to furnish their own gear. Note that if we are on hold because of a shortage of equipment we plan to allow teams that are ready, to go with their own gear onto the ropes.

- **Manufactured** Climbing harness
- ~~Repel Device: ATC only~~
- ~~One runner (30", 36" or 48")~~
- Two Carabineers locking type (min. 4000 Lbs breaking strength)
- Two 24", 30", 36", 48" or daisy chain/s
- ~~6mm to 8mm 15in to 24in Prusik / Triple Sliding Hitch~~
- Pulley: **single or tandem**, swinging plates, with ball or needle bearing (must accommodate 1/2" ~~rope~~ steel cable)

All climbing gear must be UIAA or CE approved. Typically if you buy it from any local outdoor retailer store it will be likely be approved gear. The Planet Rock team that will be manning the rope section will make the final decision on what will be accepted.

NOTE: We will have unannounced gear checks during the race so be prepared!