

SMAC 2011 SPRINT AR - RACE UPDATE #1 (updated 7/10/2011 9:26 AM)

July 10, 2011
SMAC 2011 ADVENTURE RACE
RACE UPDATE #1
updates are in red

A NOTE FROM THE RACE DIRECTOR

The annual club race is just a few days away. We are excited to be revisit the Huron Medows Metropark. The area offers many opportunities for outdoor enthusiast making it ideal for the sport of adventure racing with support from the [Southern Michigan Orienteering Club](#)

We are planning to pack as much adventure as we can in to this year's event. The event's unique design makes it suitable for the beginner to the intermediate competitor. This race captures the best aspects of the sport representing a year of planning and many hours of preparation. Keeping with the SMAC tradition you should anticipate the unexpected. All teams are 2-person only with the divisions of male (MM), female (FF) and co-ed (MF). No support crew is needed.

Teams will be required to navigate each stage of the race using provided topographical [maps](#). Navigation instruction will be available prior to the Friday race briefing. The difficulty of navigation for all mandatory checkpoints will range from the [White / Yellow](#) (beginner level). In the final stage of the race where all check points are optional the rage of difficulty will vary from beginner to advanced.

The membership discount for race entry expires on July 9th; all entries postmarked later than that date will have to pay the non-members' race entry fee. Although water will be available at the TA's, we encourage teams to carry sufficient food and water as well a source of electrolytes. Also, teams need to be prepared to carry most if not all of the mandatory gear for any of the race stages as they may be away from the TA for most of the day. The race will conclude with the post- race ceremonies and with food and refreshments. I invite all of you to take part in this year's event as a competitor or as a volunteer

ONLINE RACE REGISTRATION IS OPEN

We have developed an [On-line race registration](#) with an option of using Paypal for payment. Each participant will receive an e-mail confirmation after they complete the application process. Within the application process members will have the opportunity to update their membership information. Members that take advantage of the Paypal method of payment will be guaranteed an entry to the race. However if you choose to pay by check your entry will not be confirmed until we receive your race payment. Remember the club member discount is only valid until July 9th.After that all participants will have to pay the non member cost.

FRIDAY NIGHT RACE REGISTRATION, PRE-RACE BRIEFING

The [Cedar Ridge Pavilion](#) area at the [Huron Meadows Metropark](#) will be the site of the mandatory Friday night race briefing / registration. Because of the early morning start and the complexity of race both **team members must go through sign-up process together, no exceptions.** Safety issues as well as critical race information will be covered in the briefing.

SCORE-O FINISH

The score-O finish is where the number of controls collected in the final stage determines the

teams ranking. This concept allows teams of different levels to make the most of the race competing at their own level. Since the introduction of the score-O finish we have enjoyed over a 95% finish rate.

CANOE RENTAL

Canoe rental is available from Heavner at (248) 685-2379 or AlanHeavner@heavnercanoe.com or alanheavner@hotmail.com

CANOE STAGING

Canoes can be prestaged at the [Cedar Ridge Pavilion](#) on Friday July, 15th. SMAC is not responsible for missing canoes racers are encouraged to lock their canoes.

RACE MAPS

The orienteering quality race maps will be provided by the [Southern Michigan Orienteering Club](#). This OCAD-produced map includes major [features](#) with extensive field checking. The map is depicted using the [International Specification for Orienteering Maps](#) as a guideline. This map will allow for a degree of sophistication in course design that was not allowed by the inaccuracies of the USGS maps of the area. Maps are depicted towards magnetic north with 3 meters contours.

COURSE EMBARGO

Starting on 7/11 the entire [Huron Meadows Metropark](#) will be off - limits to all race participants as well as their support crews. We plan on setting controls through the week and if we see any racers in the woods it will be grounds for disqualification.

MOTOR VEHICLE PERMIT

All motor vehicles must have a valid metro park motor vehicle permit. This permit shall be affixed to the lower left-hand corner of the windshield. Prior to race day permits will be available at any [Metropark](#) park office. No park stickers will be available on Saturday morning before the start. Vehicles without permits could be ticketed.

POISON & PAIN IN THE FOREST

You might see adventure racers on TV who look like they are dressed for the beach, but racing in Michigan requires better understanding of the environment. Poison ivy, insects and thorns are all things that should be considered. We are making a strong recommendation for racers to wear long pants or tights for the July races. In addition some racers have had good luck with Ivy Block ointment and washing your legs and arms after bushwhacking is also effective. Parts of the [Huron Meadows Metropark](#) has thick bush so safety or sun glasses are on your mandatory gear list. Remember summer is biting fly season in Michigan and with all the rain there is no shortage of mosquitoes - so have repellent on hand.

PHOTOGRAPHIC OPPORTUNITIES

We plan to have photographers documenting the race. All the pictures will be available for the membership to view on our web page. Also, select race photos are distributed to all the SMAC sponsors and could end up in catalogs or magazines. So look your best!

POST- RACE FOOD & DRINK

We plan to have the post-race activities adjacent to the scoring area at the race finish. All racers, their support crews and volunteers are encouraged to take part in the post-race festivities and to welcome the other racers at the finish line. The club will be providing Pizza and all sorts of picnic fare to go with them.

RACE DAY ITINERARY

Race Registration and Race Packet Handout: [Huron Meadows Metropark](#) at the [Cedar Ridge Pavilion](#) Friday July, 15th 5:00 to 7:00 PM (**race both team members must go through sign-up process together, no exceptions**)

Navigation Clinic Friday, July 15th 6:00 PM

Pre-race Briefing: Friday, July 15th 7:00 PM

[Huron Meadows Metropark](#) Gates Open Saturday, July 16th 6AM

Race Start Saturday, July 17th at 7AM

Race Course Closes at 5:00PM with post race gathering

MANDATORY GEAR:

Please make sure you have ALL required gear; we are planning on having unannounced gear checks during the race. Refer to the [mandatory gear list](#) located on our website. Note that this gear list could change prior to the event, so make sure you check back just before the race. All updates will be in red.

WEATHER CONDITIONS

The race will be run regardless of the weather, but in case of lightning or severe weather racers should use their own judgment.

FINDING TEAMMATES

The teammate finder on the SMAC website is a great interactive resource that is easy to use; just go to clubs forum based [Team Finder](#) for those of you interested in finding a race partner

Good Luck!

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